



## January 21st, 2024 3<sup>rd</sup> Sunday of Ordinary Time

**Fr. Henry Email:** frhenrys@gmail.com  
**Hospital Chaplain:** Fr. Wieslaw Papuga  
**Priest on Call:** 902-746-8233 (Emergencies and Sacrament of the sick)  
**Office hours:** Monday to Friday from 9:30 am to 1:00 pm  
**Church email :** stambrosemail@gmail.com  
**Bulletin email:** stambrosebulletin1@gmail.com  
**Tabitha Centre:** 902-742-8960  
**Reconciliation/confession** is held on Wednesday after mass from 7:00-8:00

### MASS INTENTIONS – Jan 20<sup>th</sup> - 28<sup>th</sup> 2024

#### St. Ambrose Co-Cathedral (Yarmouth):

**Sat. 4 pm** Anniv. George Edward Nixon  
**Sun. 9am** Parishioners  
**Sun. 11:15 am** Intentions of Fr. Clarence Thibeau  
**Tues. 6:30 pm** Kenneth & Elaine Ryan  
**Wed. 6:30 pm** Intentions of Garnet Banks  
**Thurs: 9 am** Anniv. Ron Muise  
**Fri. 9 am** Anniv. Pius & Cecilia Landry  
**Sat. 4 pm** Helen Muise  
**Sun. 9am** Anniv. Delby & Louise Saulnier  
**Sun. 11:15 am** Parishioners

#### Our Lady of Lourdes (Melbourne):

**Sat. 6 pm January 20** Charmaine Saulnier  
**Sat. 6 pm January 27** Anniv. Loring Clairmont

**REFLECTION:** True Fulfillment After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." Jesus begins His public ministry immediately after being tempted by the devil while in the desert for forty days. As He begins His ministry, He declares: "This is the time of

fulfillment." First, the beginning of Jesus' public ministry was, historically speaking, the "time of fulfillment," in that the new era of the Gospel and grace had just begun. But the "time of fulfillment" of which Jesus speaks also refers to each and every time that we hear the Gospel and respond. We do this by sincerely repenting of our sins and by becoming a fuller member of God's Kingdom. But ponder for a moment the specific word "fulfillment." What does this mean? The word "fulfilled" can be contrasted with its opposite "unfulfilled." To be unfulfilled is always undesirable. In this world, many people find themselves unfulfilled and try to fill this void with many things. Interestingly, the three temptations that Jesus had just experienced in the desert are among the temptations that so many people give into during their search for fulfillment in life. First, Jesus was hungry, and the devil tempted Him to turn stones into bread to satiate that hunger. This is a temptation to fleshly fulfillment. Second, the devil tempted Jesus to throw Himself off the pinnacle of the Temple to prove He was the Son of God. This is a temptation to fulfillment by pride—pride to convince another of one's importance and identity. Third, the devil showed Jesus all the nations of the world and promised them to our Lord if Jesus worshiped him. This is a temptation to fulfillment by obtaining earthly wealth and power. Of course, Jesus rejected all three temptations as a way of showing that none of these truly fulfill us. And He did this just prior to the beginning of His public ministry so as to then go forth preaching the true message of fulfillment. "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." True fulfillment is only found in the Gospel, the message of Truth that Jesus shared during His three years of public ministry and then brought to completion by His sacrificial death and resurrection. Only those who heed His words and open themselves to the grace poured forth from the Cross are able to find the fulfillment that they seek. Reflect, today, upon your own interior desire for fulfillment in life. How do you try to satiate this desire? Do you allow the evil one to trick you into thinking that fleshly desires, pride or wealth are the answer? Reject those temptations with our Lord and then immerse yourself in His Gospel message, which is the only source of

fulfillment in life. *Lord of true fulfillment, You and You alone are the source of the fullness of life. I believe that with all my heart. Please give me the grace I need to reject all temptations in life and to cling only to Your holy Word and the grace given to all who follow You. Jesus, I trust in You. -My Catholic Life.*

**COOFFEE SOCIALS:** Will be held after the 4pm and 9am masses this weekend January 20<sup>th</sup> & 21<sup>st</sup>. Join us for our **winter potluck** this Sunday, January 21<sup>st</sup> in the parish centre dining hall after the 11:15 am Mass. Our theme for this potluck is "multicultural dining". Please bring a special dish to share from your country or culture! For more information or to volunteer please contact Leila at 902-307-5966.

**PILGRIMAGE TO MEDJUGORJE: May 17– 27, 2024:** Pilgrimage to Medjugorje where Our Lady has been appearing daily for 42 years. Cost of \$3570 includes all airport taxes, security, fuel surcharges, airfare from the Moncton/Halifax, (twin or triple) accommodation, daily breakfast & dinner and experienced local guide. (Optional single room supplement, \$250/p.) **INFO:** Hector Caissie at [hectorcaissie@gmail.com](mailto:hectorcaissie@gmail.com) or 506-857-2295.

**OLD PALM:** If anyone has old palm from last year, you can leave it in the container at the back of the church starting next week or you may burn your old palm yourself at home.

**CATHOLIC WOMEN'S LEAGUE NEWS:** Current and past members of the Catholic Women's League are invited to a get-together on Thursday, January 25<sup>th</sup> at 7pm in the Jubilee Room. Join us for a spiritual program, current CWL information and social time. You are welcome to bring a snack to share.

**MATTHEW 18 RENEWAL MEETINGS:** We take our name from the scripture Matthew 18:20 which states: "For where two or three are gathered together in my name, there am I in the midst of them." We meet every Monday night at 7pm in the Jubilee room, unless it is a holiday or storm, " If the schools are closed, due to storm, there is no meeting." All are welcome to join us at any time.

Maybe we are the spiritual nourishment you are needing in your life at this time. If you have any questions about our group, you can contact one of the Core members: Lorraine Manser at 902-749-1903, Denise Surette at 902-749-6343 or Cheryl Harding at 902-740-3816.

**QUOTE OF THE WEEK:** Some people pray with their bodies only, saying words with their mouths, while their minds are far away: in the kitchen, in the market place, in the inn. We pray in the spirit when the mind reflects on the words that the mouth utters. -St. Vincent Ferrer

**MASS AT OUR LADY OF LOURDES IN MELBOURNE:** For the next while, mass in Melbourne on the weekend will be at 6:00 pm on Saturday night.

**ULTREYA:** The Yarmouth and Area Ultreya will be held February 7<sup>th</sup>, 2024 at Marian Hall at 7pm. We hope to see you then! De Colores!



Please welcome into our Christian community Hudson John White who was baptised on Sunday January 14, 2024. Please keep Hudson and his family in your prayers.



Our sympathy is extended to the family and friends of Edmund Albany Boudreau. Eternal rest grant unto him O Lord and let perpetual light shine upon him.