

Lenten Resources

St. Paul Centre for Theology - Seven Last Words. Scott Hahn

<https://stpaulcenter.com/?srsltid=AfmBOop7oZEe6wErudhMSiPCVemDDBRFvUzUjesMfl3C-ol31vEdChFP>

RC Spirituality - daily Lenten meditations

<https://www.regnumchristi.com/en/rc-daily-meditations/>

Hallow Lenten Prayer Challenge (download at the Hallow app and there are free resources)

Wild Goose/10th hour productions - free video streaming on app with reflection questions: Wild Goose/Metanoia/My Father's Father. Also found on Formed.

<https://wildgoose.tv/>

All parishioners in the diocese now have access to FORMED.org.. To login, simply visit [www. Formed.org/signup](http://www.Formed.org/signup) and create and account by typing in your postal, or by searching your parish by it's name and city.

<https://formed.org/>

Digital book **Restore** with Leaders guide - Ave Maria Press.
Many other Lenten resources

<https://www.avemariapress.com/collections/lent-resources>

Science of Sainthood - free Lenten streaming. Introduction to prayer. <https://www.scienceofsainthood.com/>