



February 2nd, 2025 Presentation of the Lord

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies and Sacrament of the sick)
Office hours: Monday to Friday
from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Confession/Adoration Wednesday 7:00-8:00

MASS INTENTIONS -February 1st – 9th, 2025

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm Madeline Moulaison
Sun. 9am Anniv. George D'Eon
Sun. 11:15am Parishioners
Tues. 6:30 pm Don Rodgerson
Wed. 6:30 pm Xavier & Violet Muise
Thurs: 9 am Francis Cottreau
Fri. 9 am Anniv. Marjorie DeViller
Sat. 4 pm Benny Boudreau
Sun. 9am Parishioners
Sun. 11:15am Jason & Eric Ryan

Our Lady of Lourdes (Melbourne):

Sun. 10 am Feb. 2 Liturgy of the Word
Sun. 10 am Feb. 9 Stanley Davis and Robert Doucette

REFLECTION: The Culmination of a Life of Faith



“Now, Master, you may let your servant go in peace, according to your word, for my eyes have seen your salvation, which you prepared in the sight of all the peoples: a light for revelation to the Gentiles, and glory for your people Israel.” At the time of Jesus’ birth, there was a man named Simeon who had spent his whole life preparing for one significant moment. Like all faithful Jews at the time, Simeon was waiting

for the coming Messiah. The Holy Spirit had revealed to him that he would indeed see the Messiah before his death—and so this happened when Mary and Joseph brought Jesus into the Temple to offer Him to the Lord as an infant. Try to imagine the scene. Simeon had lived a holy and devout life. And deep within his conscience, he knew that his life on earth would not come to an end until he was privileged to see the Savior of the World with his own eyes. He knew this by a special gift of faith, an interior revelation of the Holy Spirit, and he believed. It’s helpful to think about this unique gift of knowledge that Simeon had throughout his life. Normally we gain knowledge through our five senses. We see something, hear something, taste, smell, or feel something, and as a result come to know it to be true. Physical knowledge is very reliable and is the normal way we come to know things. But this gift of knowledge Simeon had was different. It was deeper and was spiritual in nature. He knew he would see the Messiah before he died, not because of some external sensory perception he had received but because of an interior revelation from the Holy Spirit. This truth begs the question, which type of knowledge is more certain? Something you see with your eyes, touch, smell, hear or taste? Or something that God speaks to you in the depths of your soul by a revelation of grace? Though these types of knowledge are different, it’s important to understand that the spiritual knowledge that is given by the Holy Spirit is far more certain than anything perceived through the five senses alone. This spiritual knowledge has the power to change your life and direct all your actions toward that revelation. For Simeon, this interior knowledge of a spiritual nature suddenly united with his five senses when Jesus was brought into the Temple. Simeon suddenly saw, heard and felt this Child Whom he knew he would one day see with his own eyes and touch with his own hands. For Simeon, that moment was the culminating moment of his life. Reflect, today, upon anything that our Lord has spoken to you in the depths of your soul. Too often we ignore His gentle voice as it speaks, preferring instead to live only in the sensory world. But the spiritual reality within us must become the center and foundation of our lives. It is there where God speaks, and it is there where we, too, will discover

the central purpose and meaning of our lives. -My Catholic Life

QUOTE OF THE WEEK: We need to find God, and he



cannot be found in noise and restlessness. God is the friend of silence. See how nature-trees, flowers, grass-grows in silence; see the stars, the moon and the sun, how they move in silence. We need silence to be able to touch souls. -St. Teresa of Calcutta

COOFFEE SOCIALS: Will be held after the 4pm and



9am masses the weekend February 15th & 16th. Join us for our **winter potluck** Sunday, February 16th in the parish centre dining hall after the 11:15 am Mass. Our theme for this potluck is "multicultural dining". Please bring a special dish to share from your country or culture! For more information or to volunteer please call the office at 902-742-7151.

KNIGHT OF COLUMBUS NEWS: Monthly Meeting:



Tuesday, February 11, all members invited. **Executive Meeting** at 6:00pm and **General meeting** at 7:30.

Knights of Columbus Nova Scotia State Council

Scholarship (value \$1000.00) Scholarships are available for Catholic students who will be attending first year university or community college next year. Yarmouth Council 2181 will accept applications from students attending Yarmouth High, Par-en-Bas and Drumlin Heights. Students applying for a Nova Scotia State Council Scholarship will also be considered for one of our local scholarships. Please consult your school guidance counselor for application forms. Completed applications with supporting documents must be received by Council 2181 Scholarship Chairman Philippe Doucet on or before Friday March 7, 2025. If you require more information, please call 742-2970 or 748-1592.

ULTREYA: The Yarmouth and Area Ultreya will be



held February 6th, 2025 in Marian Hall at 7pm. We hope to see you then! De Colores!

FOOD BANK: This weekend, February 1st and 2nd, is



our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary

donations are appreciated. Members of the Knights of Columbus will be on hand before all the masses to receive the donations.

STEUBENVILLE ATLANTIC CONFERENCE: If you have

not signed up yet it is not too late! Youth going into high school in September and peer leaders ages 19 & 20 that would be interested in attending the Steubenville Atlantic High School Conference from July 11th-13th in Halifax this summer can call or message the office to register.

SMALL GROUPS: In the next few weeks, you will be

hearing about small groups in our bulletin. Being in a small group is a rewarding experience. It's a place you can share your faith with others who think like you. As we approach lent, we will be encouraging you to join one or form one as part of that journey through lent. Fr. Henry
Are you interested in forming a Catholic small group? Small group discussions are an excellent way of developing your faith and sharing with others. There will be a small group information session February 27th at 6:30 in the Jubilee Room. If you would like more information, please contact Liz Richard at liz.richard.ab@gmail.com or 902-307-6456. The following is a testimony of a parishioner on how small groups have been beneficial: *My reasons for loving small groups!! We have been dedicated for a few years now. I find them less intimidating and more personable. I am more likely to ask questions with fewer people!! We try to meet weekly and have more flexibility in meeting each others' needs. I really cherish our friendships and sharing within our group. LM*



Our sympathy is extended to the family and friends of
Linda Eileen LeBlanc
Eternal rest grant unto her O Lord and let perpetual light shine upon her.